

CHARLES RIVER SCHOOL

PE CLOTHING and SPORTS EQUIPMENT LIST

Below is a list of clothing and equipment needed for PE and sports. PE clothing is bought through the school at the beginning of the school year. Game shirts are rented through the school and field hockey and lacrosse sticks may be rented as well.

Clothing required for PE classes (2010-2011 prices)

Shorts	\$18.00	Suggested clothing: sweatpants	\$20.00
Shirts	\$16.00	sweatshirt	\$28.00
Soccer shinguards (4 th and 5 th graders)	\$12.00		

Each child should provide a pair of sneakers.

Sports Equipment

Rubber cleats suggested, but not required - \$30-\$100
Mouthguards required for field hockey and lacrosse - \$1.00 (sold at school)
Eyewear required for all field hockey and girls lacrosse players - \$45.00

Soccer (fall)

Shinguards (sock type are best)	\$ 12.00	
Navy blue socks	\$ 8.00	(may be purchased at school)
Supporter/protective cup	\$ 9.00	

Field Hockey (fall)

Field Hockey stick	\$ 20-\$75	(may be purchased individually or rented for \$10 at school)
Sock guard shin protectors/Navy	\$ 16.00	(may be purchased at school)
Mouthguard	\$ 1.00	(may be purchased at school)
Protective eyewear	\$ 45.00	(may also be used for girls lacrosse)

Tennis (spring)

Team shirt	\$ 22.00	(to be bought at school)
Tennis racket	\$13-\$50	
Tennis shorts or skirt with pocket (blue)		

Girls Lacrosse (spring)

Lacrosse stick	\$40-\$60	(may be purchased individually or rented for \$10 at school)
Mouthguard	\$ 1.00	(may be purchased at school)
Protective eyewear	\$ 45.00	(may also be used for field hockey)

Boys Lacrosse (spring)

Lacrosse stick	\$30-\$60	(\$10.00 school rental)
Shoulder pads	\$ 40.00	(subject to change)
Arm guards	\$ 35.00	(subject to change)
Gloves (must be blue)	\$41-\$45	(subject to change)
Rib protection	\$ 30.00	(subject to change)
Supporter/protective cup	\$ 9.00	
Mouthguard	\$ 1.00	(may be purchased at school)
Helmet	\$80-\$100	(CRS will lend helmets to all players)

Field hockey and lacrosse players must own all protective equipment (except helmets) in order to play on the team.