

## Middle School Years:

# A typical day in the Middle School Classroom

While every day is a little different, below is a sample day in our Middle School. Our schedule balances a wide array of specialists with core academic subjects.

**8:00 Arrival**

**8:15 Morning Meeting**

**8:30 Science**

**9:20 Social Studies**

**10:05 Recess**

**10:30 English**

**11:20 Math**

**12:05 Lunch and Recess**

**12:50 Multiarts**

**1:40 World Language**

**2:30 Advisory Time**

**3:10 Dismissal**

**3:15 Extended Day, Sports, or Co-Curricular Activities**

**4:30 Afternoon Carpool & Bus Departure**

In addition to the academic classrooms, Middle Schoolers utilize the library, art room, wetlands laboratory, music classroom and auditorium, technology lab, gymnasium, and dining hall. Students in Grades 6-8 enjoy two recesses each day and have many opportunities to be outdoors. On Friday afternoons, Grades 6-8 participate in seasonal electives.

### SCHOOL SCHEDULE

#### PreK - Grade 8

8:15 - 3:10 M - F

#### Early Birds Program

Daily, beginning 7:30 a.m.  
*Free, drop-ins welcome*

#### Extended Day & Enrichment Programs

Daily, until 6:00 p.m.  
*Additional fee, yearly and drop-in rates*

Lunch and snack are provided daily



## **Multi Arts**

Students in the Middle School participate in a multi-arts program that allows them to work directly with artists in a variety of disciplines. Classes may include: Drama Workshop, Handbell Ensemble, A Capella Singing, Dance Workshop, Grade 8 Musical Production, and Choral Music.

## **Sixth Grade Technology**

We integrate technology in four main curricular categories that spiral throughout all grades: Engineering & Design Thinking; Multimedia Production, Programming & Robotics, and Publishing. In Grades 7 & 8, the focus shifts from divided classes to using specific software applications embedded in the content area curriculum.

## **Physical Education**

The Physical Education program is development & skill-based. The program includes cooperative games and team sports including field hockey, soccer, and basketball.

## **Library**

Middle School students use the library independently to locate books for research and for pleasure reading.

## **Growth Education**

GE encompasses many of the issues about which young adolescents are concerned, and classes address topics such as peer relationships, building self-esteem, human sexuality, in-person and cyber group interaction, media literacy, body image, nutrition, substance abuse, and other relevant topics.

## **Middle School Student Government**

At the beginning of the year, students elect officers to run the Middle School Student Government. The leadership positions of Co-Moderators and Secretary are held by seventh or eighth graders and multiple representatives are selected from sixth, seventh, and eighth grades to serve in the student government.

## **Electives Program**

Seventh and eighth grade students, joined by sixth graders, choose an elective class. Electives are held each Friday afternoon and give students the opportunity to learn more about a particular area of interest. Offerings in the past have included MathCounts, Model United Nations, cooking, photography, ceramics, and baking.

## **Sports (Interscholastic Competition)**

CRS offers a program of interscholastic competition for students in Grades 6-8 for three seasons. Offerings include fall, winter, and spring sports. Students are required to participate in at least two of the three seasons per year.